

LifeGroup Time Guide

This LifeGroup Guide is intended to help our LifeGroups establish consistent practices of (1) reflecting on and sharing our spiritual lives, (2) praying & working together as Christ's witnesses, (3) discussing and applying God's Word to our lives, and (4) actively fighting against sin together. We believe that being consistent with these practices will help us grow and mature as disciples.

1. God Sightings & Spiritual Practices: (30 Minutes)

Purpose: This section is designed to help us **reflect** on our past week through a Godward lense and **share** with the group how our week has been from that Godward perspective.

Note: *This is not a time to simply share how your day or week has gone. Rather, it is a time to update each other on either how you have been seeking Jesus and/or what Jesus has been doing in your life.*

To help you think of what you can share, if it's helpful, you can simply choose to answer one of these questions:

- What has my prayer life looked like during the last week?
- Have I meditated on God's Word by reading the bible, doing a personal devotional, listening to sermons, or in any other way?
- How have I seen God answer prayer in the last week?
- How have I seen God at work in me and around me in the last week?

2. Review the Mission: (10-20 Minutes)

Colossians 4:3 *At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ,*

Purpose: This section is designed to help us **pray** and **plan** for God to work through us

and our church as we join Him in His mission.

We are witnesses of Christ's goodness and love. We review the mission each week so we can collectively join Jesus in His mission as we follow Him together.

PRAY

Use this link to find prayer prompts related to the Young Life: Downtown Columbia Ministry (an Outreach Ministry that our church partners with through financial support and prayer) and the students across Columbia that have been impacted by ministry efforts. You can find the prompts by using this [link](#)

PLAN

Are there any rhythms we can plan that can help us share the love of Christ with someone we've prayed for during Review The Mission?

Examples include, but are not limited to:

- Signing up for and attending prayer walk training together as a LifeGroup, so that in the future we can go on prayer walk together as a lifegroup and feel equipped. Use [this link](#) to sign up.
- Consider suggesting potential sponsors for the Young Life Golf Tournament Fundraiser on April 29th, 2024. If there are potential sponsors you believe would be interested in supporting city-wide ministry efforts or receiving advertisement for their business, please reach out to Cortnie Francis at cortniems@gmail.com . For more information on how you might be able to support the fundraiser, click [here](#).

3. Bible Study & Sermon Discussion: (20-40 Minutes)

Purpose: The purpose of this section is help LifeGroup Members grow as followers of Jesus by weekly (1) **utilizing a bible study method** that LifeGroup members can utilize in their own time and (2) **discussing the application** of the preached Word of God.

Pray that God would open your hearts and eyes to His truth and that He would make this time fruitful, encouraging, and transformative.

Read the text:

Exodus 3:7-12

7 Then the Lord said, "I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, 8 and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. 9 And now, behold, the cry of the people of Israel has come to me, and I have also seen the oppression with which the Egyptians oppress them. 10 Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt." 11 But Moses said to God, "Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?" 12 He said, "But I will be with you, and this shall be the sign for you, that I have sent you: when you have brought the people out of Egypt, you shall serve God on this mountain."

Bible Study

Spend some time silently reflecting and journaling the following questions as a LifeGroup:

1. What stands out from the passage?
2. What does this passage reveal to us about God?
3. What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

Sermon Discussion

1. What was said in the sermon that was beneficial for you?

2. Share with the group any thoughts of inadequacy that you have that cause you to doubt God's willingness and ability to use you. Consider ways that God might want to use you in our church or other ministries and in relationships you have with friends, family, coworkers, and others.
3. What stories or scriptures from God's Word can we stand on to find confidence that God can and desires to use us?

4. Engage the Heart: (20-40 Minutes)

Purpose: This section is designed to help us grow as followers of Jesus through the biblical practices of (1) confessing sin, (2) Encouraging one another in the truth of God's Word, and (3) praying for each other.

Hebrews 3:12-13 *Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. 13 But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin.*

Use this time to:

1. Confess sin in your life and victories over temptation that you've experienced
2. Encourage, exhort, and admonish each other with the Word of God
3. Pray for each other

Questions to consider:

- Where have you been yielding to sin in your life?
- What are you struggling to trust God with this week? How can you give God control of it?
- Has the Holy Spirit been prompting you to do anything that you've been resisting?
- What steps do you need to take to obey God?

Use this [link](#) to access a resource you can use to find scriptures for encouraging each other in various areas of sin and unbelief in your lives. There is also a video provided to help you use this resource.