

LifeGroup Time Guide

This LifeGroup Guide is intended to help our LifeGroups establish consistent practices of (1) reflecting on and sharing our spiritual lives, (2) praying & working together as Christ's witnesses, (3) discussing and applying God's Word to our lives, and (4) actively fighting against sin together. We believe that being consistent with these practices will help us grow and mature as disciples.

1. God Sightings & Spiritual Practices: (30 Minutes)

Purpose: This section is designed to help us **reflect** on our past week through a Godward lense and **share** with the group how our week has been from that Godward perspective.

Note: *This is not a time to simply share how your day or week has gone. Rather, it is a time to update each other on either how you have been seeking Jesus and/or what Jesus has been doing in your life.*

To help you think of what you can share, if its helpful, you can simply choose to answer one of these questions:

- What has my prayer life looked like during the last week?
- Have I meditated on God's Word by reading the bible, doing a personal devotional, listening to sermons, or in any other way?
- How have I seen God answer prayer in the last week?
- How have I seen God at work in me and around me in the last week?

2. Review the Mission: (10-20 Minutes)

Colossians 4:3 *At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ,*

Purpose: This section is designed to help us **pray** and **plan** for God to work through us

and our church as we join Him in His mission.

We are witnesses of Christ's goodness and love. We review the mission each week so we can collectively join Jesus in His mission as we follow Him together.

PRAY

Since the beginning of Midtown Two Notch's existence, intentional discipleship of Benedict College students has been weaved into the DNA of our church. Use this link to find prayer prompts related to the Benedict College Ministry and the students at Benedict College that we have met through our partnership with the BCM [here](#).

PLAN

Are there any rhythms we can plan that can help us share the love of Christ with someone we've prayed for during Review The Mission?

Examples include but are not limited to:

- Prayer Walking together as a LifeGroup
- Visiting BCM together to spend time with Benedict College students
- Church Outreach Events
- Planning something fun/enjoyable to do together that you want to invite people to

3. Bible Study & Sermon Discussion: (20-40 Minutes)

Purpose: The purpose of this section is help LifeGroup Members grow as followers of Jesus by weekly (1) **utilizing a bible study method** that LifeGroup members can utilize in their own time and (2) **discussing the application** of the preached Word of God.

Pray that God would open your hearts and eyes to His truth and that He would make this time fruitful, encouraging, and transformative.

Read the text: Isaiah 40:6-8

6 A voice says, "Cry!" And I said, "What shall I cry?" All flesh is grass, and all its beauty is like the flower of the field. 7 The grass withers, the flower fades when the breath of the Lord blows on it; surely the people are grass. 8 The grass withers, the flower fades, but the word

of our God will stand forever.

Bible Study

Note: *We ask the same three questions each week during Bible Study time to help our LifeGroups discuss God's Word and to help you have a method of studying the bible that you can practice in your daily life as you read and meditate on God's Word.*

Spend some time silently reflecting and journaling the following questions as a LifeGroup:

1. What stands out from the passage?
2. What does this passage reveal to us about God?
3. What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

Sermon Discussion:

Note: *These questions are intended to help us consider and apply the preached word of God to our lives. We value this discussion time because when we share with others what God is showing us, it helps us encourage each other through God's Word.*

1. What was said in the sermon that was beneficial for you?
2. Share some ways that God has used your belief in God's Word and your obedience to God's Word to bless you.
3. Share some ways that our church has been faithful to God's Word that you appreciate and/or have been a blessing to you.

Below are links to resources mentioned in the sermon.

[Webpage of resources on the validity of our faith](#)
[A sermon page with resources for why we trust the bible](#)
[Very insightful sermon on why we trust the bible](#)

4. Engage the Heart: (20-40 Minutes)

Purpose: This section is designed to help us grow as followers of Jesus through the biblical practices of (1) confessing sin, (2) Encouraging one another in the truth of God’s Word, and (3) praying for each other.

Hebrews 3:12-13 *Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. 13 But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin.*

Proverbs 28:13 *One who conceals his wrongdoings will not prosper, but one who confesses and abandons them will find compassion.*

Use this time to:

1. Confess sin in your life and victories over temptation that you’ve experienced
2. Encourage, exhort, and admonish each other with the Word of God
3. Pray for each other

If you are having difficulty thinking of what you can confess, consider the questions below:

- Where have you been yielding to sin in your life?
- What are you struggling to trust God with this week? How can you give God control of it?
- Has the Holy Spirit been prompting you to do anything that you’ve been resisting?
- What steps do you need to take to obey God?

Use this [link](#) to access a resource you can use to find scriptures for encouraging each other in various areas of sin and unbelief in your lives. There is also a video provided to help you use this resource.