

# LifeGroup Time Guide

This LifeGroup Guide is intended to help our LifeGroups establish consistent practices of (1) reflecting on and sharing our spiritual lives, (2) praying & working together as Christ's witnesses, (3) discussing and applying God's Word to our lives, and (4) actively fighting against sin together. We believe that being consistent with these practices will help us grow and mature as disciples.

## 1. God Sightings & Spiritual Practices: (30 Minutes)

**Purpose:** This section is designed to help us **reflect** on our past week through a Godward lense and **share** with the group how our week has been from that Godward perspective.

**Note:** This is not a time to simply share how your day or week has gone. Rather, it is a time to update each other on either how you have been seeking Jesus and/or what Jesus has been doing in your life.

To help you think of what you can share, if its helpful, you can simply choose to answer one of these questions:

- What has my prayer life looked like during the last week?
- Have I meditated on God's Word by reading the bible, doing a personal devotional, listening to sermons, or in any other way?
- How have I seen God answer prayer in the last week?
- How have I seen God at work in me and around me in the last week?

## 2. Review the Mission: (10-20 Minutes)

**Colossians 4:3** At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ,

Purpose: This section is designed to help us pray and plan for God to work through us



and our church as we join Him in His mission.

We are witnesses of Christ's goodness and love. We review the mission each week so we can collectively join Jesus in His mission as we follow Him together.

#### PRAY

In light of our most recent sermon, use Review the Mission time this week to pray for at least 3 leaders in our church. As suggested, you can pray for them and their families too. In addition to praying specific requests or praying in reference to specific needs, feel free to lift up prayers of gratitude for our leaders (and their families) as well.

Optional: If any leaders/families that you prayed for are not in your lifegroup, let them know that you prayed for them. As mentioned in the sermon, prayer is a great way to honor our siblings in the faith and it can serve as an encouragement to let them know that they are prayed for as well !

#### PLAN

Are there any rhythms we can plan that can help us share the love of Christ with someone we've prayed for during Review The Mission?

Examples include but are not limited to:

- Prayer Walking together as a LifeGroup
- Visiting BCM together to spend time with Benedict College students
- Church Outreach Events
- Planning something fun/enjoyable to do together that you want to invite people to

## 3. Bible Study & Sermon Discussion: (20-40 Minutes)

**Purpose:** The purpose of this section is help LifeGroup Members grow as followers of Jesus by weekly (1) **utilizing a bible study method** that LifeGroup members can utilize in their own time and (2) **discussing the application** of the preached Word of God.

Pray that God would open your hearts and eyes to His truth and that He would make this time fruitful, encouraging, and transformative.



**Read the text:** 

**Romans 12:10** Love one another with brotherly affection. Outdo one another in showing honor.

**Romans 13:**7 *Pay to all what is owed to them: taxes to whom taxes are owed, revenue to whom revenue is owed, respect to whom respect is owed, honor to whom honor is owed.* 

# **Bible Study**

**Note:** We ask the same three questions each week during Bible Study time to help our LifeGroups discuss God's Word and to help you have a method of studying the bible that you can practice in your daily life as you read and meditate on God's Word.

**Spend some time silently reflecting and journaling** the following questions as a LifeGroup:

- 1. What stands out from the passage?
- 2. What does this passage reveal to us about God?
- 3. What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

#### Sermon Discussion:

**Note:** These questions are intended to help us consider and apply the preached word of God to our lives. We value this discussion time because when we share with others what God is showing us, it helps us encourage each other through God's Word.

- 1. What was said in the sermon that was beneficial for you?
- 2. What are the benefits of honoring the leaders in our church?
- 3. In what ways does God show honor to His people?
  - If this is a newer concept for you, consider our status before knowing Christ compared to who we are in Him. You can also reference <u>these verses</u>.



# 4. Engage the Heart: (20-40 Minutes)

**Purpose:** This section is designed to help us grow as followers of Jesus through the biblical practices of (1) confessing sin, (2) Encouraging one another in the truth of God's Word, and (3) praying for each other.

**Hebrews 3:12-13** Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. 13 But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin.

**Proverbs 28:13** One who conceals his wrongdoings will not prosper, but one who confesses and abandons them will find compassion.

Use this time to:

- 1. Confess sin in your life and victories over temptation that you've experienced
- 2. Encourage, exhort, and admonish each other with the Word of God
- 3. Pray for each other

If you are having difficulty thinking of what you can confess, consider the questions below:

- Where have you been yielding to sin in your life?
- What are you struggling to trust God with this week? How can you give God control of it?
- Has the Holy Spirit been prompting you to do anything that you've been resisting?
- What steps do you need to take to obey God?

Use this <u>link</u> to access a resource you can use to find scriptures for encouraging each other in various areas of sin and unbelief in your lives. There is also a video provided to help you use this resource.