

LifeGroup Time Guide

This LifeGroup Guide is intended to help our LifeGroups establish consistent practices of (1) reflecting on and sharing our spiritual lives, (2) praying & working together as Christ's witnesses, (3) discussing and applying God's Word to our lives, and (4) actively fighting against sin together. We believe that being consistent with these practices will help us grow and mature as disciples.

1. God Sightings & Spiritual Practices: (30 Minutes)

Purpose: This section is designed to help us **reflect** on our past week through a Godward lense and **share** with the group how our week has been from that Godward perspective.

Note: *This is not a time to simply share how your day or week has gone. Rather, it is a time to update each other on either how you have been seeking Jesus and/or what Jesus has been doing in your life.*

To help you think of what you can share, if its helpful, you can simply choose to answer one of these questions:

- What has my prayer life looked like during the last week?
- Have I meditated on God's Word by reading the bible, doing a personal devotional, listening to sermons, or in any other way?
- How have I seen God answer prayer in the last week?
- How have I seen God at work in me and around me in the last week?

2. Review the Mission: (10-20 Minutes)

Colossians 4:3 *At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ,*

Purpose: This section is designed to help us **pray** and **plan** for God to work through us

and our church as we join Him in His mission.

We are witnesses of Christ's goodness and love. We review the mission each week so we can collectively join Jesus in His mission as we follow Him together.

PRAY

Use this time to share and pray about people in your life that you want to see come to know Jesus. Pray for at least 3 people.

PLAN

Discuss as a LifeGroup whether or not you can do one of the following:

- Attending Family Game Night on December 8th at 7pm and inviting someone who doesn't regularly attend a church service. If this is something you are interested in doing, please take time right now to name 1 person each of you might invite and when you plan to invite them
- Prayer Walking together as a lifegroup. If this is something you are interested in doing please email Executive Minister Dom Francis at dfrancis@midtowncolumbia.com . If you are interested in regularly going on prayer walks (once or multiple times a month), you can sign up to join the Prayer walk team [here](#).

3. Bible Study & Sermon Discussion: (20-40 Minutes)

Purpose: The purpose of this section is help LifeGroup Members grow as followers of Jesus by weekly (1) **utilizing a bible study method** that LifeGroup members can utilize in their own time and (2) **discussing the application** of the preached Word of God.

Pray that God would open your hearts and eyes to His truth and that He would make this time fruitful, encouraging, and transformative.

Read the text:

Isaiah 7:3-14

3 And the Lord said to Isaiah, “Go out to meet Ahaz, you and Shear-jashub your son, at the end of the conduit of the upper pool on the highway to the Washer's Field. 4 And say to him, ‘Be careful, be quiet, do not fear, and do not let your heart be faint because of these two smoldering stumps of firebrands, at the fierce anger of Rezin and Syria and the son of Remaliah. 5 Because Syria, with Ephraim and the son of Remaliah, has devised evil against you, saying, 6 “Let us go up against Judah and terrify it, and let us conquer it for ourselves, and set up the son of Tabeel as king in the midst of it,” 7 thus says the Lord God:

*“It shall not stand,
and it shall not come to pass.
8 For the head of Syria is Damascus,
and the head of Damascus is Rezin.
And within sixty-five years
Ephraim will be shattered from being a people.
9 And the head of Ephraim is Samaria,
and the head of Samaria is the son of Remaliah.
If you are not firm in faith, you will not be firm at all.”*

10 Again the Lord spoke to Ahaz: 11 “Ask a sign of the Lord your God; let it be deep as Sheol or high as heaven.” 12 But Ahaz said, “I will not ask, and I will not put the Lord to the test.” 13 And he said, “Hear then, O house of David! Is it too little for you to weary men, that you weary my God also? 14 Therefore the Lord himself will give you a sign. Behold, the virgin shall conceive and bear a son, and shall call his name Immanuel.

Bible Study

Note: *We ask the same three questions each week during Bible Study time to help our LifeGroups discuss God’s Word and to help you have a method of studying the bible that you can practice in your daily life as you read and meditate on God’s Word.*

Spend some time silently reflecting and journaling the following questions as a LifeGroup:

1. What stands out from the passage?
2. What does this passage reveal to us about God?

3. What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

Sermon Discussion

Note: *These questions are intended to help us consider and apply the preached word of God to our lives. We value this discussion time because when we share with others what God is showing us, it helps us encourage each other through God's Word.*

1. What was said in the sermon that was beneficial for you?
2. In what ways are you tempted to respond to circumstances in your life in a way that doesn't acknowledge the presence of God in your life.
3. How does knowing Jesus to be Immanuel (God with us) help you in challenging, painful, and stressful times?

4. Engage the Heart: (20-40 Minutes)

Purpose: This section is designed to help us grow as followers of Jesus through the biblical practices of (1) confessing sin, (2) Encouraging one another in the truth of God's Word, and (3) praying for each other.

Hebrews 3:12-13 *Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. 13 But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin.*

Proverbs 28:13 *One who conceals his wrongdoings will not prosper, but one who confesses and abandons them will find compassion.*

Use this time to:

1. Confess sin in your life and victories over temptation that you've experienced
2. Encourage, exhort, and admonish each other with the Word of God
3. Pray for each other

Questions to consider:

- Where have you been yielding to sin in your life?
- What are you struggling to trust God with this week? How can you give God control of it?
- Has the Holy Spirit been prompting you to do anything that you've been resisting?
- What steps do you need to take to obey God?

Use this [link](#) to access a resource you can use to find scriptures for encouraging each other in various areas of sin and unbelief in your lives. There is also a video provided to help you use this resource.