

LifeGroup Time Guide

This LifeGroup Guide is intended to help our LifeGroups establish consistent practices of (1) reflecting on and sharing our spiritual lives, (2) praying & working together as Christ's witnesses, (3) discussing and applying God's Word to our lives, and (4) actively fighting against sin together. We believe that being consistent with these practices will help us grow and mature as disciples.

1. God Sightings & Spiritual Practices: (30 Minutes)

Purpose: This section is designed to help us **reflect** on our past week through a Godward lense and **share** with the group how our week has been from that Godward perspective.

Note: *This is not a time to simply share how your day or week has gone. Rather, it is a time to update each other on either how you have been seeking Jesus and/or what Jesus has been doing in your life.*

To help you think of what you can share, if its helpful, you can simply choose to answer one of these questions:

- What has my prayer life looked like during the last week?
- Have I meditated on God's Word by reading the bible, doing a personal devotional, listening to sermons, or in any other way?
- How have I seen God answer prayer in the last week?
- How have I seen God at work in me and around me in the last week?

2. Review the Mission: (10-20 Minutes)

Colossians 4:3 *At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ,*

Purpose: This section is designed to help us **pray** and **plan** for God to work through us

and our church as we join Him in His mission.

We are witnesses of Christ's goodness and love. We review the mission each week so we can collectively join Jesus in His mission as we follow Him together.

PRAY

Use the link below to find prayer requests for our neighbors in the Colony Apartments that our Prayer Walk team has met and prayed for. Please pray for 3 or more of the neighbors you see on the prayer list, [here](#).

PLAN

Discuss as a LifeGroup whether or not you can do one of the following:

- Prayer Walking together as a lifegroup (if this is something you are interested in doing please email Executive Minister Dom Francis at dfrancis@midtowncolumbia.com . If you are interested in regularly going on prayer walks (once or multiple times a month), you can sign up to join the Prayer walk team [here](#).
- Planning something fun/enjoyable to do together that you want to invite people to. If this is an option you want to pursue as a lifegroup, take time right now and name people you want to invite (people you want to come to know Jesus, people who don't have gospel centered community, etc.)

3. Bible Study & Sermon Discussion: (20-40 Minutes)

Purpose: The purpose of this section is help LifeGroup Members grow as followers of Jesus by weekly (1) **utilizing a bible study method** that LifeGroup members can utilize in their own time and (2) **discussing the application** of the preached Word of God.

Pray that God would open your hearts and eyes to His truth and that He would make this time fruitful, encouraging, and transformative.

Read the text:

John 8:31-36, 43-44

31 So Jesus said to the Jews who had believed him, “If you abide in my word, you are truly my disciples, 32 and you will know the truth, and the truth will set you free.” 33 They answered him, “We are offspring of Abraham and have never been enslaved to anyone. How is it that you say, ‘You will become free’?”

34 Jesus answered them, “Truly, truly, I say to you, everyone who practices sin is a slave to sin. 35 The slave does not remain in the house forever; the son remains forever. 36 So if the Son sets you free, you will be free indeed.

43 Why do you not understand what I say? It is because you cannot bear to hear my word. 44 You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.

Bible Study

Note: *We ask the same three questions each week during Bible Study time to help our LifeGroups discuss God’s Word and to help you have a method of studying the bible that you can practice in your daily life as you read and meditate on God’s Word.*

Spend some time silently reflecting and journaling the following questions as a LifeGroup:

1. What stands out from the passage?
2. What does this passage reveal to us about God?
3. What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

Sermon Discussion

Note: *These questions are intended to help us consider and apply the preached word of God to our lives. We value this discussion time because when we share with others what God is showing us, it helps us encourage each other through God’s Word.*

1. What was said in the sermon that was beneficial for you?

We recommend separating into single-gender groups as you work through the rest of this LifeGroup Guide.

2. What strongholds (areas of stubborn sin or or doubt towards God) do you notice the enemy has in your life? What lies are you tempted to believe that contribute to those strongholds?
3. Read [2 Corinthians 10:3-5](#). Help encourage each other to take every thought captive to obey Christ by sharing with each other scriptures that combat the lies and help uproot the strongholds that were shared.

[Here](#) is a resource you can use to find scriptures to help encourage each other with the truth of God's Word.

4. Engage the Heart: (20-40 Minutes)

Continue working through parts 2 & 3 from the Sermon Discussion section.